

ECHO

RETREATS

A Theology of the Body weekend retreat exploring identity, prayer, relationship, and vocation

APRIL 5-7, 2024
LIFETEEN CAMP COVECREST

*For young adults 19-35 years old**



"AFTER ORIGINAL SIN,...THE SPOUSAL MEANING OF THE BODY WAS TO REMAIN... INSCRIBED IN THE HUMAN HEART AS A DISTANT ECHO...OF ORIGINAL INNOCENCE."

-ST. JOHN PAUL II
GENERAL AUDIENCE,
FEBRUARY 20, 1980



OFFICE OF
**EVANGELIZATION
& DISCIPLESHIP**
ROMAN CATHOLIC ARCHDIOCESE OF ATLANTA



WHAT IS ECHO?

ECHO is a truly unique Catholic retreat experience, rooted in St. John Paul II's Theology of the Body. **Traditionally a week-long retreat**, this 'mini' version beautifully provides a taste of the full ECHO experience. Combining dynamic talks, prayer and sacraments, daily Mass and Adoration, small group discussions, artistic expression, and authentic community, ECHO takes participants on a journey to answer the deepest questions of the human heart. Questions such as: *Who am I? What is my vocation? How can I truly find happiness? What is God's plan for my life?*

WHO SHOULD ATTEND ECHO?

ECHO is open to young adults **19 - 35 years old. (18 year olds out of high school may also attend)**. ECHO is open to all states of life: single, married, consecrated, priests, and religious. It is also a great retreat for catechists, teachers, missionaries, and anyone else who desires to share God's plan for human love with others.

TESTIMONIALS:

"I can't thank you enough for this life changing week. Please run another! It's sparked a fire in me that I hope never goes out, and **has framed my vocation, womanhood, and sexuality** in a totally new way for me."

"As a new Catholic, I loved meeting other young Catholics and **witnessing the 'family of faith.'** It was very moving and inspiring."

"I'm incredibly grateful to absolutely everyone involved in ECHO...it is an experience **I will never forget** and hope very much to be able to attend again."

"When I came to ECHO, I wasn't sure what to expect, but of all the many retreats I have been to over the years this one tops them all! **I have never quite experienced the heart of the Father in such a tangible way...**If you're looking for a retreat to hear and find perhaps where God is calling you...this is the best place."

WHERE IS THE RETREAT HELD?

The retreat will be held at **Lifeteen Camp Covecrest**. Covecrest is tucked away in the North Georgia Mountains. The grounds of the camp are peaceful, powerful, and restful, and feature many beautiful spaces for prayer, recreation, and rest.

WHAT IS THE COST?

The cost of the retreat is \$140: this is inclusive of accommodation, meals and all retreat supplies for the duration of the retreat. If finances are a concern, please contact Elaine Phillips (ephillips@archatl.com) for possible scholarship options.

WHERE DO I REGISTER?

Registration opens on October 23, 2023.

Visit tiny.cc/echoatl for more information and to register.